



GINKGO SPA





THE GINKGO SPA

The inspiration behind Ginkgo Spa name is the Ginkgo biloba, the oldest living tree species. A single tree can live as long as 1,000 years and grow to a height of 120 ft. The Ginkgo leaf has been studied for medicine but is also a meaning of love, a symbol of the union between old and young, man and woman, past and present, human and divine, East and West.

Awaken in the morning. Rejuvenate at midday. Unwind in the evening.

It's your body's fundamental daily journey towards balance and it's the foundation for everything we do at Ginkgo Spa. Against the vibrant hues of the Aegean Sea and the Cycladic sun, where every detail has been seamlessly choreographed to the science of time, resulting in the ideal state we call "harmonia". Ginkgo Spa helps revitalize your spirit, expand your boundaries and explore new ways to lead a healthier, more fulfilled life.

We offer a wide range of treatments to assure your visit will fulfil your personal wishes

- be it to Relax, Rejuvenate, Cleanse, Energize, Hydrate or Detoxify.

Using ESPA & Phytomer fine spa products, our therapies restore the balance between body and spirit and offer you a real incomparable sense of luxury and beauty.

ESPA fuses the values of its heritage with a unique approach to deliver complete skincare solutions, setting the pace for today's desire for total mind and body wellbeing.

Guided by decades' worth of experience in delivering exceptional and personalised treatments to the world's leading spas, ESPA is proud to still be the chosen brand of the most prestigious spas and retailers around the world today.

Under the expertise of leading aromatherapists and biochemists, ESPA combines the wisdom from natural and effective therapies, with the scientific power of the purest natural ingredients, to create innovative products and treatment protocols.

Informed by unsurpassed knowledge, every product is formulated with integrity and purpose; to deliver precisely the results promised to skin, body and mind.





ESPA SIGNATURE BODY TREATMENTS

ESPA MINDFUL MASSAGE

90 minutes

Soothe away stress and return your body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.

Includes: Breathwork and visualisation – massage to metamorphic zones of the feet – full body massage – scalp massage with warm Rose Quartz Crystals

ESPA BACK, FACE & SCALP TREATMENT with hot stones

90 minutes

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

Includes: Back exfoliation – back massage with or without hot stones – Inner beauty facial – scalp massage

ESPA SALT & OIL SCRUB

25 minutes

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment or in preparation for an ESPA Massage.

For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.





ESPA SIGNATURE BODY TREATMENTS

TRADITIONAL HAMMAM ESPA RITUAL

90 minutes (60 for treatment and 30 for steam bath)

Discover the relaxing, smoothing and cleansing effects of a traditional Hammam treatment.

Relax your body and soothe your muscles in the warm Steam Room prior to the therapy.

Experience the Ottoman tradition of cleansing that caresses the skin, revitalizes the body and calms the mind. This traditional experience starts by deeply cleansing the skin with a revitalizing body scrub, followed by a full body foam massage, nourishing marine mud body mask with aromatic oils of sweet orange and rose geranium, refreshing hair wash and hydrating conditioning scalp treatment.

Includes: Scrub – foam massage – hair wash and conditioning treatment – mud body mask – steam – body cleanse.

A close-up, soft-focus photograph of a woman's face, focusing on her lips and chin. The lighting is warm and natural, highlighting the texture of her skin and the color of her lips. The text 'ESPA' is overlaid in the center in a clean, white, sans-serif font.

ESPA

Natural Beauty
Inner Calm



ESPA FACIAL TREATMENTS

ESPA NATURAL FACE LIFT

50 / 80 minutes

Reveal visibly resilient, healthy-looking, youthful skin. This specialised facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age defying techniques inspired by Japanese Kobido massage, along with stimulating Jade Rollers give instant results, leaving the skin firm, lifted and beautifully radiant.

Includes: Skin analysis with SkinVision™ lamp – double cleanse – steam – Japanese Kobido inspired facial massage - stimulating Jade Roller - sculpting & lifting massage techniques – Lifting & Smoothing Mask – scalp massage

ESPA INSTANT RADIANCE FACIAL

80 minutes

Brighten and revitalise with this intense, instantly effective facial. Innovative formulas unlock nature's power to transform a fatigued or lacklustre complexion. Fresh, toned, radiantly healthy-looking skin emerges and your natural glow is restored.

Includes: Skin analysis with SkinVision™ lamp – triple cleanse (including deep brush cleanse) – Skin Radiance Mask – age-defying Rose Quartz crystal massage – professional Lifting & Smoothing Mask – scalp massage





ESPA FACIAL TREATMENTS

ESPA OPTIMAL SKIN HEALTH FACIAL

50 minutes

Visibly revive the skin's natural beauty, balance and health. Achieving instant results with long-lasting benefits, this intelligent facial harnesses nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health.

Includes: Skin analysis with SkinVision™ lamp – triple cleanse (including deep brush cleanse) – facial massage – mask – hand & arm exfoliation and massage

ESPA INNER BEAUTY FACIAL

50 minutes

Deeply cleanse, hydrate and renew with this instant result facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful and inner calm is blissfully restored.

Includes: Skin analysis with SkinVision™ lamp – triple cleanse – facial massage – personalised mask – scalp massage

ESPA EXPRESS FACIAL

25 minutes

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

Includes: Skin analysis with SkinVision™ lamp – double cleanse – exfoliation – personalised mask – scalp massage.

Note: For all above facials if steam and extraction is required the treatment is extended to an extra 30 minutes.

PHYTOMER

A woman with light brown hair and green eyes is shown from the chest up, resting her head on her hand. She is looking directly at the camera with a soft expression. The background is a vibrant blue with out-of-focus city lights creating a bokeh effect. The overall image has a golden-yellow textured border on the left and bottom.

For nearly 50 years, PHYTOMER has been transforming the sea into skin care to effectively reveal women and men's beauty: a natural, authentic, vibrant beauty.

All the PHYTOMER facial and body treatments have been designed to deliver a unique experience focused on well-being. The principle being to combine beauty results and extreme sensoriality of fragrances and textures. So that treatments rhymes with pleasure.



PHYTOMER SIGNATURE BODY TREATMENTS

PHYTOMER SEA SELF CHAMPAGNE HEATING MUD - COCOON DETOX

50 minutes

A pleasurable treatment with a self-heating sea mud mask that alternates warmth – freshness which detoxifies the organism, soothes from muscular pains, while you feel your body lighter and relieved.

The treatment begins with exfoliation, follows with a wrap with hot sea cocoon and finishes with the application of a refreshing product.

PHYTOMER SCULPT ZONE - CONTOURING - ANTI-CELLULITE

50 minutes

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on a series of « Redox» (reduction-oxidation) reactions, in synergy with the super lipolytic agent “Pepper Slim Active”, which traps the free radicals by neutralizing them, stimulates the action of lipolysis and detoxification and combats and decreases cellulite. A delicate creamy foamy texture with soft heat embraces your body and delivers a deep sense of relaxation and pleasure.





PHYTOMER SIGNATURE BODY TREATMENTS

PHYTOMER LAVA SHELLS TROPICAL MASSAGE

50 minutes

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, and enhance blood circulation and lymph. Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of the Lava Shells Tropical Massage is the power of heat, touch and scent. The receptivity between the therapist and client creates an immersive experience.

PHYTOMER SHIMMER SATIN TREATMENT - EXFOLIATION & HYDRATION

50 minutes

We proceed with a deep cleansing with salts, corals and hazelnut oil, coconut oil, soya, nut and Oligomer (solidified sea). Then apply a cream with a cocktail of marine ingredients to the whole body that restores the aquatic tone of your skin and prepares it to be safely exposed to the sun.

PHYTOMER P5 SEA FORCE SLIMMING WITH ALGAE JAM

50 minutes

The innovative new slimming treatment powered by 5 different kinds of Algae activates the energy mechanism of fat cells, stimulates lipolysis and reduces the storage of fat. Specially designed massage and wrap with seaweed jam, offers unique toning and softness to your skin, smoother skin appearance and a pleasant sea scent to follow you.



PHYTOMER FACIAL TREATMENTS

PHYTOMER PIONNIERE “XMF” YOUTH REVELATION - FACE, LIPS, BUST

80 Minutes

Reveal your inner youth with this original facial care using innovative ingredients and exceptional treatment techniques for instant and visible effectiveness. The XMF (Extra Marine Filler) and VMR (Visible Marine Refiner) treatment combined with the “Morio Orchid” extract is on cutting edge of the biotechnology. It acts in the deeper layers of the skin by stimulating the synthesis of collagen, elastin and natural hyaluronic acid for a denser and firmer skin mattress. The “XMF” creates an invisible natural film which smoothes the wrinkles immediately. The specialized face massage with roller and shaper completes the products action and strengthens its vivacity. Like after a facelift, the skin is smooth and vigorous. It glows with new radiance.

PHYTOMER CITY LIFE “SORBET” CARE

50 minutes

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The “Sorbet” delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.



PHYTOMER FACIAL TREATMENTS

PHYTOMER HYDRA BLUE TREATMENT - DETOX & PLUMPING MOISTURIZING

50 minutes

A complete and specialized treatment that has two actions. Reliefs from thirst and moisturizes in a few minutes, while at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask "Chauffant nettoyant" with sea zeolites, kaolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better. A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

PHYTOMER DOUCEUR MARINE SENSITIVE SKIN

50 minutes

An ideal treatment for sensitive skin that calms and relieves immediately. It acts instantly on irritations due to the great composition of soothing ingredients. Water from sea springs, algae sugars and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin.





TIMELESS MASSAGE TREATMENTS

ESPA INNER CALM MASSAGE

50 minutes - 80 minutes

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy and inner calm beautifully restored.

Includes: Breathwork – full body aromatherapy massage – scalp massage with Rose Quartz Crystals

ESPA DEEP MUSCLE MASSAGE

50 minutes - 80 minutes

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect.

Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Targeted massage, with or without hot stones, focusing on areas of concern – scalp massage





TIMELESS MASSAGE TREATMENTS

ESPA HOT STONES MASSAGE

80 minutes

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

Includes: Full body aromatherapy massage with hot stones – scalp massage

THAI YOGA MASSAGE

80 minutes

The “Sacred Dance” of Nuad Boran, is a choreography that combines pressure in acupuncture points, palming across the meridians, stretches and passive yoga postures, intending to restore the energy flow of the body, mind and spirit. Stretches muscles and works like an applied yoga session.

GINKGO SIGNATURE COUPLE’S MASSAGE

80 minutes

A holistic personalized massage designed for couples or friends to experience in perfect unity. A combination of different massage techniques offer an extraordinary journey to drift into a state of harmony and relaxation.



BEAUTY ESSENTIALS

MANICURE

A full manicure treatment including cuticle work, exfoliation, nourishing hand mask and hand massage, followed by an application of nail varnish of your choice.

Luxury Manicure
French Manicure
Gel Removal
File & Polish
Shellac

PEDICURE

A full pedicure treatment including cuticles, exfoliation, personalized foot mask, followed by a relaxing foot massage and application of nail varnish of your choice.

Luxury Pedicure
French Pedicure
Gel Removal
File & Polish
Shellac

WAX DEPILATION

Calves
Full leg
Bikini Line
Brazilian
Arms
Back
Chest
Armpits
Upper lip
Chin
Eyebrows
Threading

TINTING

Eyebrow Tint
Eyelash Tint
Brows & Lashes Tint



HAIR SALON

Extensions blow dry

Long blow dry

Short blow dry

Wavy style

Hair style

Gala Hair

Haircut

Barber

Trim beard

Hair wash

Booster treatment

Advanced booster treatment

Caviar treatment

Highlights

Roots hair color

Total hair color

Toner

Make up

Special Make up

Eyelashes

Bridal hair

Bridal make up



TERMS & CONDITIONS

OPENING HOURS

10:00 AM to 10:00 PM. Last appointment at 09:00 PM.

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our Spa Specialists who will guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance.

We request a credit card guarantee to secure all spa treatments and packages at the time of booking.

ARRIVAL TIME

Please allow sufficient time before your treatment to complete a Spa Consultation Form. We recommend you arrive 20 minutes in advance of your treatment so that you may change, relax and enjoy the spa facilities.

Please be advised that late arrivals will result in a reduction of treatment time. Ginkgo Spa will provide luxurious towels, robes and slippers and any amenities required for use during your spa visit.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment cancelled less than 12 hours prior to your scheduled time.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, pager, camera and smoke free zone.

SPA FACILITIES AND ACCESS

The following spa facilities are available at Ginkgo Spa: sauna, steam room, hammam massage, gym, nail spa, hairdresser, relaxation area and changing facilities.